

Psalm 46:1

[Front Side]

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cut and laminate

God is Near to Help...

Recite the following during times of testing:

אֱלֹהִים לָנוּ מַחְסֵה וְעֶז
עֶזְרָה בְּצָרוֹת נִמְצָא מְאֹד

e·lo·heem' · la'·noo · mach·seh' · va·ohz'
ez·rah' · ve·tza·roht' · nim·tza' · me·ohd'

3"


5"

[Back Side]

 ---
cut and laminate

God is Near to Help...

Recite the following during times of testing:



“God is our refuge and strength, a very present help in trouble.”

(Psalm 46:1)

ὁ θεὸς ἡμῶν καταφυγὴ καὶ δύναμις βοηθὸς ἐν θλίψεσιν
ταῖς εὐρούσαις ἡμᾶς σφόδρα (LXX)

3"

5"

Psalm 46:1

Grammatical Analysis:

God is our Refuge and Strength...

| מֵאֵד | נִמְצָא | בְּצָרוֹת | עֲזָרָה | וְעֵז | מִחֹסֶה | לָנוּ | אֱלֹהִים |
|--|---|--|---|--|---|---|---|
| me-ohd | neem-tza | ve-tza-roht | ez-rah | va-ohz | ma-cha-seh | la'-noo | e-lo-heem |
| מֵאֵד - adv "much, very, greatly, surely" | נִמְצָא - v "to find" niph prf 3ms □□□□ "is found, is present" | בְּ - pfx "in" צָרָה - n fpl "straights, distress" fr> צָרָה v | עֲזָרָה - n fs abs "help(er), "strength, might" fr> עֲזָרָה v "help, aid" | וְ - "and" עֵז - n ms "strength, might" (d/o) fr> עֵזָה v | מִחֹסֶה - n ms "refuge, shelter" (d/o) fr> חָסָה v seek refuge | לָ - pfx "to, for" נָנוּ - 1cpl sfx (i/o) | אֱלֹהִים - n mpl abs (sbj) "God, Power" fr> אֱלֹהִים - God fr> אֵיל "ram" |
| he is surely present | | in troubles | a help | a refuge and strength | to us | God [is] | |

"God is our refuge and strength,
a very present help in trouble." (Psalm 46:1)

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עֲזָרָה בְּצָרוֹת נִמְצָא מֵאֵד

ὁ θεὸς ἡμῶν καταφυγὴ καὶ δύναμις βοηθὸς
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