

Ha'adamah Blessing Card

[Front Side]


cut and laminate

Blessing over food grown in earth

Recite before eating vegetables or fruits grown in the earth:

בְּרוּךְ אַתָּה יְהוָה אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם,

בוֹרֵא פְּרֵי הָאֲדָמָה.

ba·rukḥ at·tah Adonai, E·lo·hei·nu **me**·lekh ha·o·lam,
bo·rei pe·ri ha·a·da·mah.

3"

5"

[Back Side]


cut and laminate

Blessing over food grown in earth

Recite before eating vegetables or fruits grown in the earth:

“Blessed art Thou, LORD our God, King of the universe,
Creator of the fruit of the earth.”



3"

5"